Power Hour Descriptions- week 2

Get Ready students are required to attend and participate in a minimum of (1) Tuesday and (1) Thursday power hour session. Program participants are expected to visit (2) power hour sessions in total within the duration of the 5-week program. Participants are invited to attend as many sessions as they would like in addition to the required 2 sessions required.

Select the session of your choice and then sign up, attendance will be taken at each session.

Tuesday, July 20, 2021 at noon

Undergraduate Research Presenter- Tori Glover
https://udel.zoom.us/j/9269386024

Have you ever had the urge to learn more about a topic that interests you? Do you want to be part of a research team that can possibly have the chance to publish a paper or even mass produce Lyphedema sleeves for example? Research is a stepping stone in your college journey that will shape how you see life. Anything from designing innovative clothing for people with Down Syndrome to creating prototypes for a new hospital gown! Without research, advancements that have improved some lives and saved others may not have come to pass. So, come join this power hour to learn more about my experience as an undergraduate researcher!

Choosing courses/class registration /degree audit Presenter Matthew Albanese
https://udel.zoom.us/j/91918543136

Knowing how to register, withdraw, change, or add courses yourself can save you a lot of time and worry in your years to come at UD. In order to register correctly and stay on track, knowing what courses you’ve taken and still need to take for your major is just as important as knowing how to register. During this power hour we’ll go over the tools available to you when registering for courses and how to use them, how to check major requirements, degree audits, and what you need to do to stay on track.

Fraternities and Sororities Presenter Grace Clagett
https://udel.zoom.us/j/7843262615

One of my absolute favorite experiences of college so far has been being a part of Greek Life. It has opened me up to so many new people and opportunities. Come to my Power Hour to learn all about being a part of Greek Life, whether that be in a social fraternity, special interest fraternity, sorority, or MGC chapter. You will learn how to start getting involved now, how the rush processes work, and what you do once you are accepted.

Office Hours/ Meeting with a Professor Presenter Sydney Flambaum
https://udel.zoom.us/j/93195792856

There will be many opportunities to meet with a professor during your college career! Introduce yourself, if you're having problems with your assignments, if you have concerns about the material, if you need letters of recommendation for the future, anything!! Office hours are a set time when any student can see a professor and ask questions or talk about anything! Speaking with a professor one-on-one, on the other hand, can be intimidating for some. If you want to learn how to handle a meeting with a professor or a great way to introduce yourself to a professor and build future relationships, come to this power hour!

Residential Life and Housing Presenter Keith Medley
https://udel.zoom.us/my/medley220 Password: AAP1

Do you plan on living in a residential hall on campus? Living on campus is a wonderful opportunity to engage with others, learn about different cultures, and be a part of a community that is respectful of everyone in and outside of it. As a former residential assistant, I will also give you insight on the role of residential assistants (RA) and their role in your community! Join this powerhour to learn about all of the things that you may encounter in your dorm experience.
Thursday, July 22nd at noon

Hometown Lingo Presenter Jon losso
https://udel.zoom.us/j/8682941217
On a Breakfast sandwich do you get Taylor Ham or Porkroll? If I said the words Jawn or Hip would you know what I mean? Come join me in discussing the wacky slang words that we are accustomed to using in our hometown but might sound foreign to outsiders. We will also be taking a questionnaire online to determine what state/region you are from as well, so come and relax at this power hour to discuss many different slang words that we personally use in our regular day lives.

Best places to hike/ nature scenery in Newark Presenter Paige Testa
ID: 740 550 8797 Link: https://udel.zoom.us/j/7405508797
Reaching out to all the nature lovers! Newark has some amazing spots to sit and relax, picnic with friends, hike, and explore! During my time at UD I have found some hidden gems and would love to share them with you. Come and relax at this power hour and learn about some of my favorite spots and share some of your own!

College tips Presenter Grace Clagett
https://udel.zoom.us/j/7843262615
Are you stressed about time management during your transition to college? Are you worried about not knowing what resources will help you succeed? If so, come to my Power Hour where I will be sharing my time management and stress tips for college. I will also be going over some of the resources UD has if you do happen to be struggling. And finally, I will be going over some miscellaneous tips I used as a freshman that helped my transition go as smoothly as possible.